SESSION 4

## Jesus Calls Us to Say Yes

Keep these ideas in mind as you study Unit 1, Session 4.

The Annunciation celebrates the announcement to Mary by the angel Gabriel that God had chosen her to be the mother of the Messiah, a Son who would be named *Jesus*, or "God saves."

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Actual grace is the grace that helps us make choices to live our lives as God wants.

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In saying yes to becoming the mother of Jesus, Mary becomes Jesus' first disciple.

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Sanctifying grace is imparted to us first through the Sacrament of Baptism and produces in us a permanent condition in which we are pleasing to God as God's children. Sanctifying grace is also called habitual grace.

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The Immaculate Conception proclaims that Mary was free from Original Sin from the moment of her conception.

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Saint Ignatius of Loyola founded a religious order called the Society of Jesus. One of his greatest contributions to Catholicism is his book called *Spiritual Exercises*.

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Mary's yes to the angel Gabriel is called her *fiat*, which means "let it be done." Catholics have a particular devotion to Mary because she responded to God with complete faith.

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With God's grace we live in his love and make decisions about our actions that will lead us to do what is good.

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Grace is a gift of God, given to us without our meriting it. Grace is a deep and intimate connection between God and us.

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When we pray the Hail Mary, we ask for Mary's intercession to God on our behalf.

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