

Celebrating Reconciliation

Keep these ideas in mind as you study **Unit 4, Session 17**.

After the Resurrection, Jesus Christ visited the disciples. He showed the disciples the marks from his Crucifixion and gave them peace and the authority to forgive sins.

PAGE 100

When we disobey God and are self-centered, we are committing personal sin. When we reject God totally, we commit mortal sin.

PAGE 101

Baptism takes away Original Sin.

PAGE 101

God asks us not to form a habit of committing sins.

PAGE 101

Venial sins are less serious than mortal sins.

PAGE 101

After we confess our sins, we may have to do penance.

PAGE 101

We pray the Act of Contrition to tell Jesus we are sorry.

PAGE 102

When others hurt our feelings, we should offer them forgiveness.

PAGE 103

In the Sacrament of Penance and Reconciliation, we confess our sins to a priest and receive absolution. God forgives us, and we can then be at peace with God and ourselves.

ART PRINT 17

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