



God Calls Us to Obey

Engage: Page 21

- ► Together with your child, read news articles in which people have made both good and bad choices. **Ask:** Why is it important for us to follow rules? (to keep us safe)
- ▶ Read aloud the session title and the text in the blue box. Discuss your child's response. **Say:** In a free society, citizens have certain rights. With rights come responsibilities that help keep us safe. In this session we are going to learn about the importance of making good choices. We'll also discuss behaviors that help us follow God's plan for us.
- Ask your child to discuss how the stories with bad choices could have had different results with better decisions. Pray aloud the prayer together.

Explore: Pages 22-23

- Ask your child to recall the story of Pinocchio. Explain that Jiminy Cricket serves as Pinocchio's conscience. **Ask:** What does your conscience help you do? (distinguish between right and wrong)
- ► Take turns reading aloud page 22. **Ask:** What are the Fruits of the Holy Spirit? (love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control) Point out the vocabulary word, prudence. **Say:** When you are faced with temptation, you can pray to the Holy Spirit for help.
- ► Read aloud the Reading God's Word feature. **Ask:** Where does this verse come from? (the Lord's Prayer)
- ► Have your child read aloud Examination of Conscience on page 23. **Ask:** When might you make an examination of conscience? (as part of your prayer before going to bed, before celebrating the Sacrament of Reconciliation)
- Read aloud Positive Choices. Ask your child to make an examination of conscience, using page 210 in the back of his or her book. Then have your child complete the activity. Discuss your child's response.

Art Exploration: Page 232

- ► Find in a magazine, in a book, or online an image of a dove surrounded by the apostles.
- ► **Ask:** What do you see in this picture? Encourage your child to describe the picture in detail, noting how the dove is a symbol of the Holy Spirit.

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www.findinggod.com page 8 of 11





- ► **Say:** The Holy Spirit helped the apostles make good choices in their lives just as he helps you do the same in your life.
- ► Have your child turn to page 232. Read aloud the introduction and discuss the question.
- ► Read aloud Living in Freedom. **Ask:** When we are faced with temptation, what can we do to help us find the strength to live in true freedom? (follow the Ten Commandments, practice the virtues, pray to the Holy Spirit for strength)
- ► Have your child read aloud Help from the Holy Spirit. Ask your child to complete the activity by writing a prayer.
- ► Together with your child, use art supplies to make a small mural that shows people using their free will to make good choices. Display the mural in your home.

Reflect: Pages 24–25

- ► Together look at page 24. **Ask:** Where is the boy? What is he doing? **Say:** Think of a quiet place where you can open your heart and find God's grace.
- ▶ Read aloud page 24. **Say:** It is important to think about our relationships to make sure we are treating people with dignity and respect. Ask your child to reflect silently on the questions in the text. Close by praying *Amen* and offering each other a sign of peace.
- ► Have your child read aloud A Helping Hand page 25. **Ask:** How did Sophia's choice make her feel? (It made her feel good, even though she was late to her friend's house.)
- ► Read aloud Write About Respect and have your child complete the activity.
- ► Read aloud the Meet a Saint feature. **Ask:** How can we be more like Saint Peter Canisius? (We can make an effort to get along with one another. We can encourage our friends to treat other people with kindness and respect.)

Respond: Page 26

- Ask your child to read aloud the Faith Summary. Review the Word I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest another way he or she can form a good conscience.
- ► Read aloud the prayer as your child follows along. Pray the Sign of the Cross together.
- ► Read aloud the With My Family suggestions. Invite your child to choose one or more to complete today.

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www.findinggod.com page 9 of 11